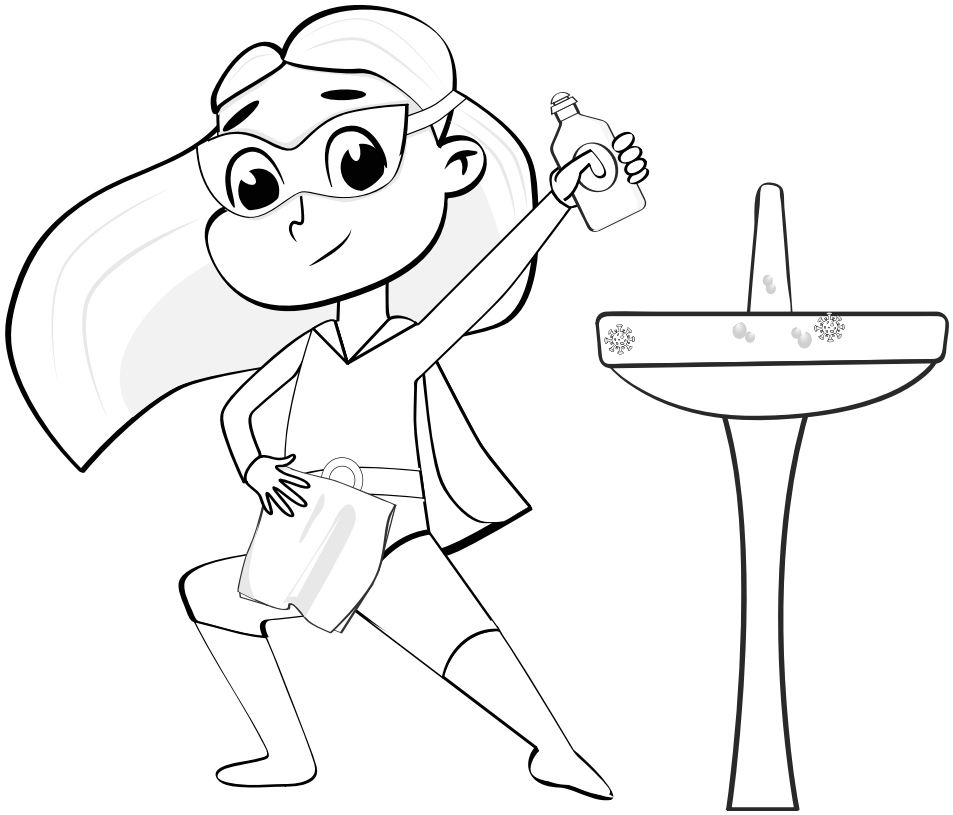
I CAN BE A GERM FIGHTING SUPERHERO!



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How do I protect my family and myself from germs found on surfaces?

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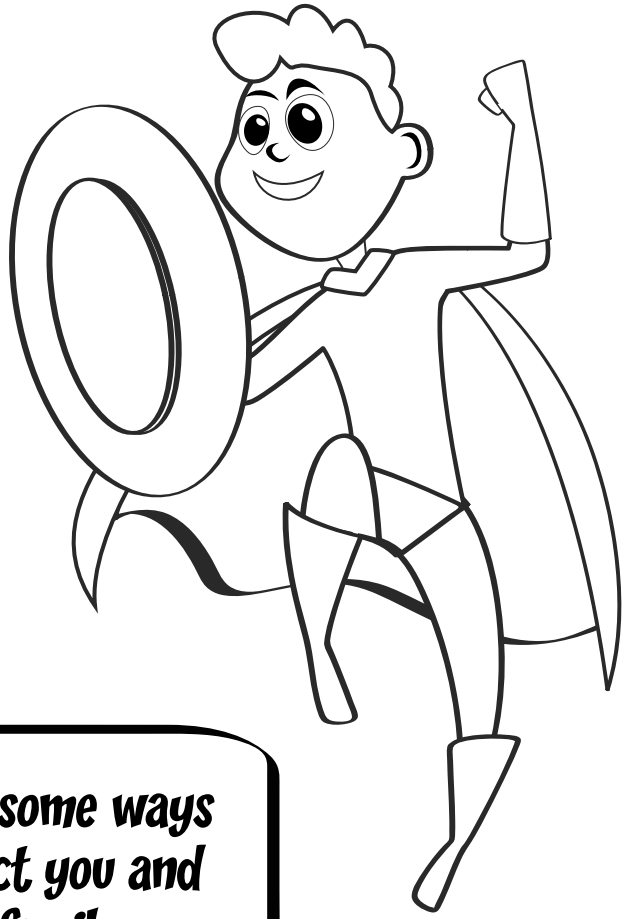
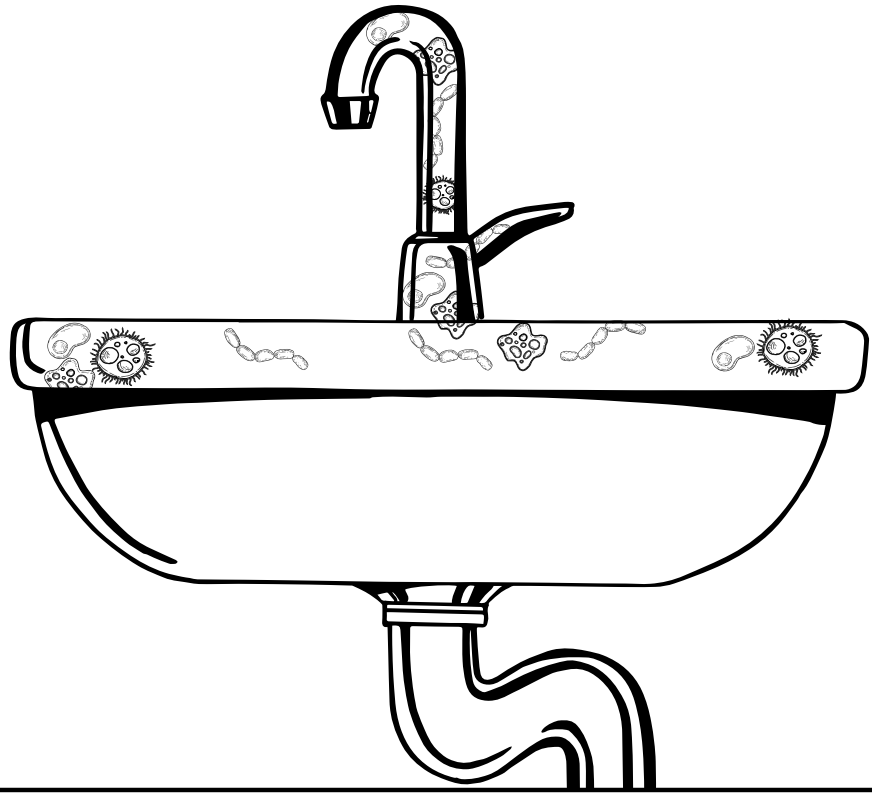


Here are some ways to protect you and your family.

Did you know germs (bacteria and viruses) can spread from surfaces when you touch them?



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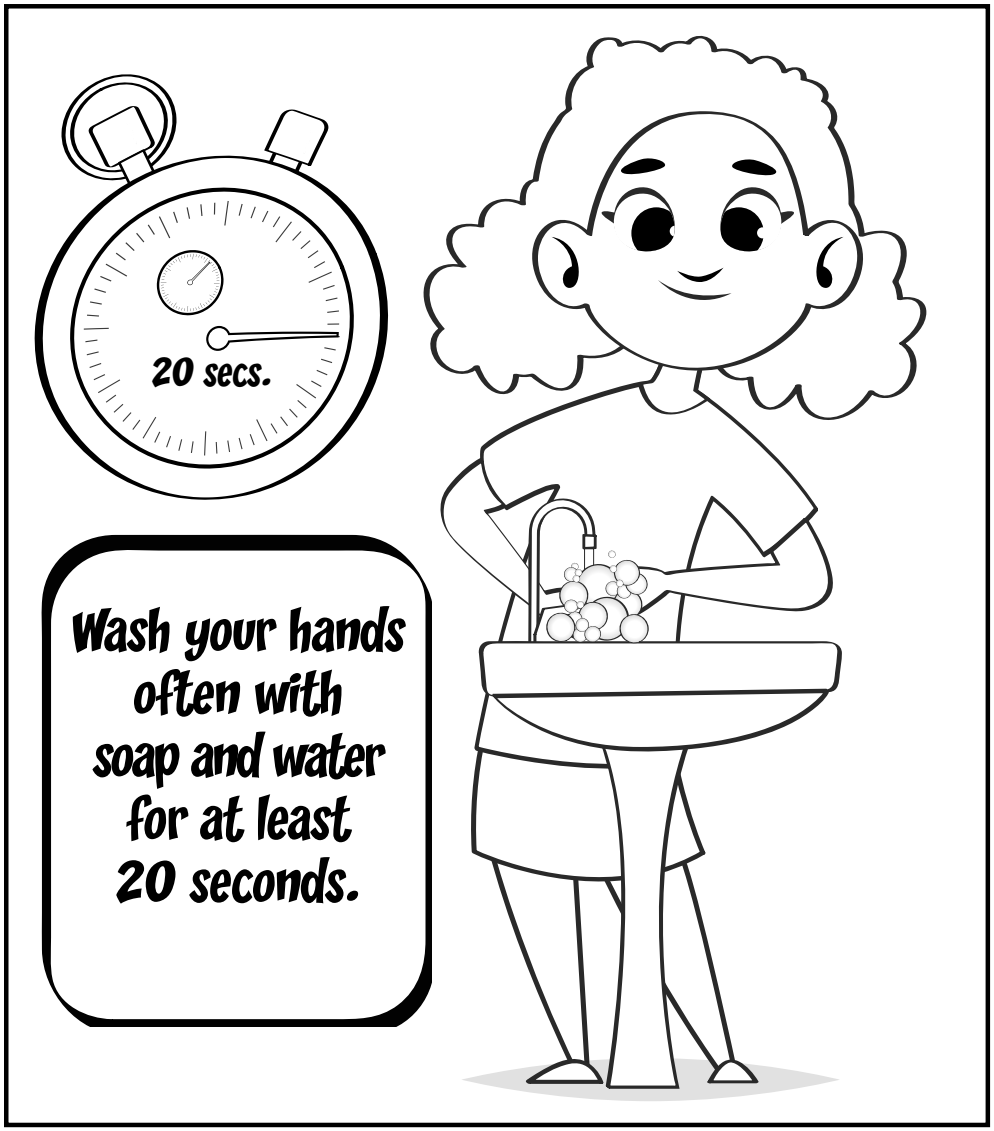

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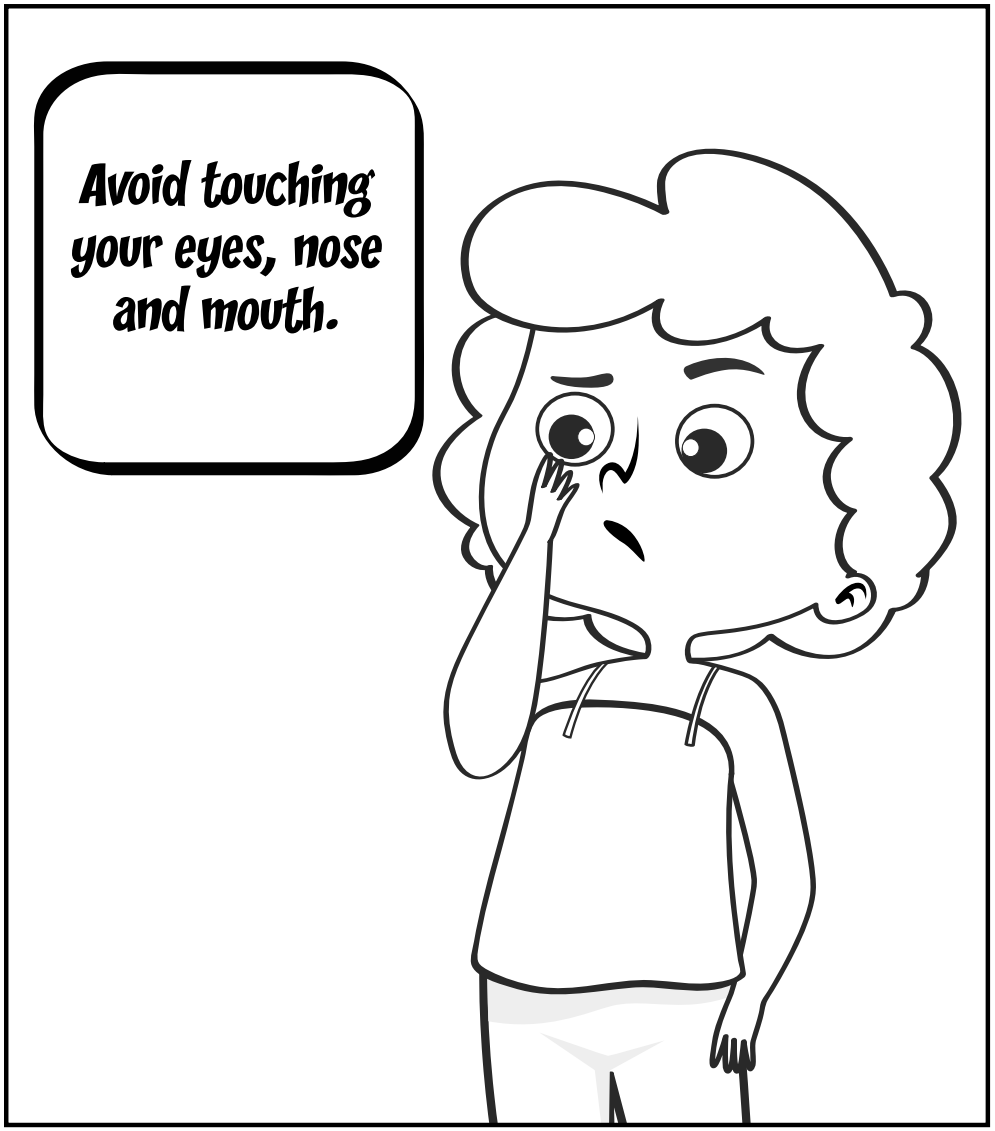

What is the best way to remove germs from surfaces?

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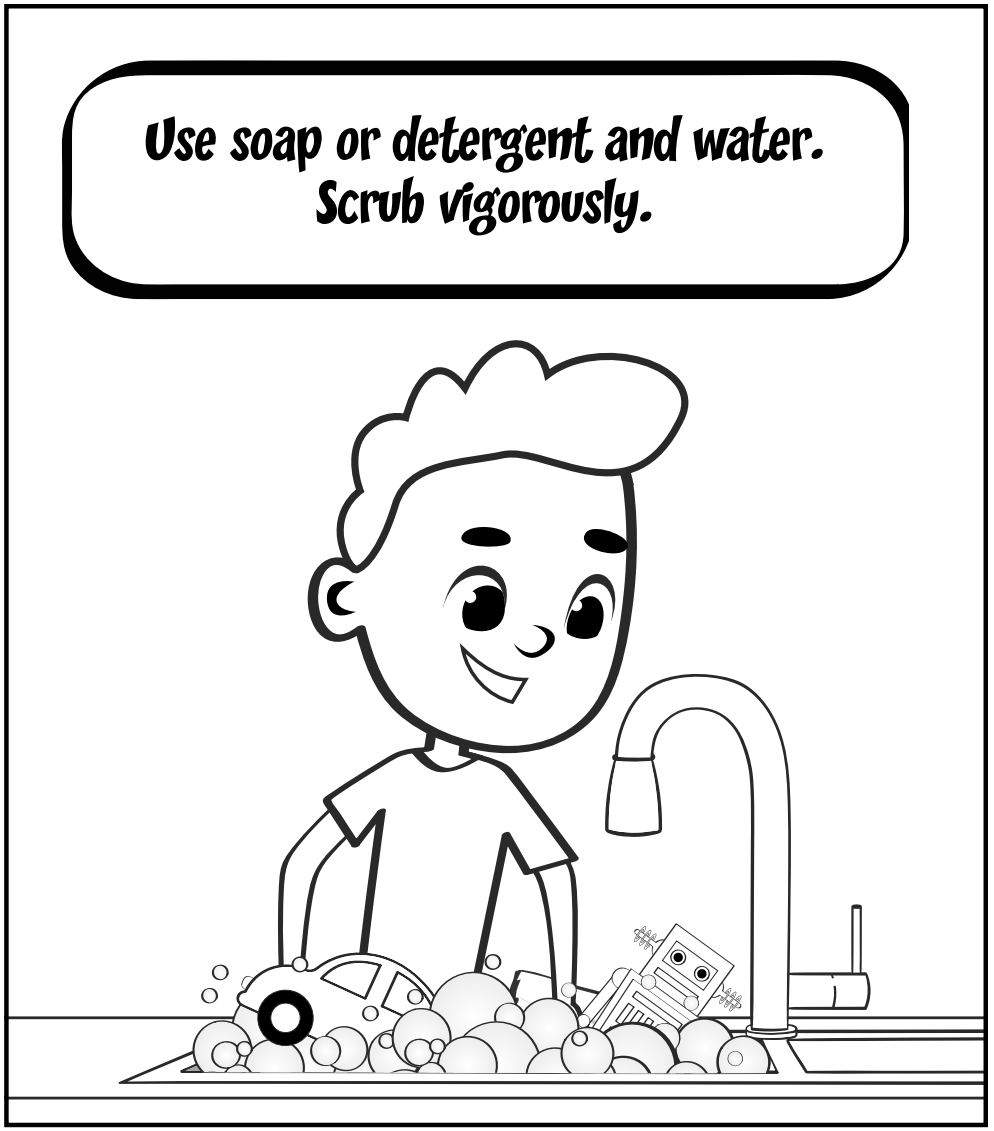

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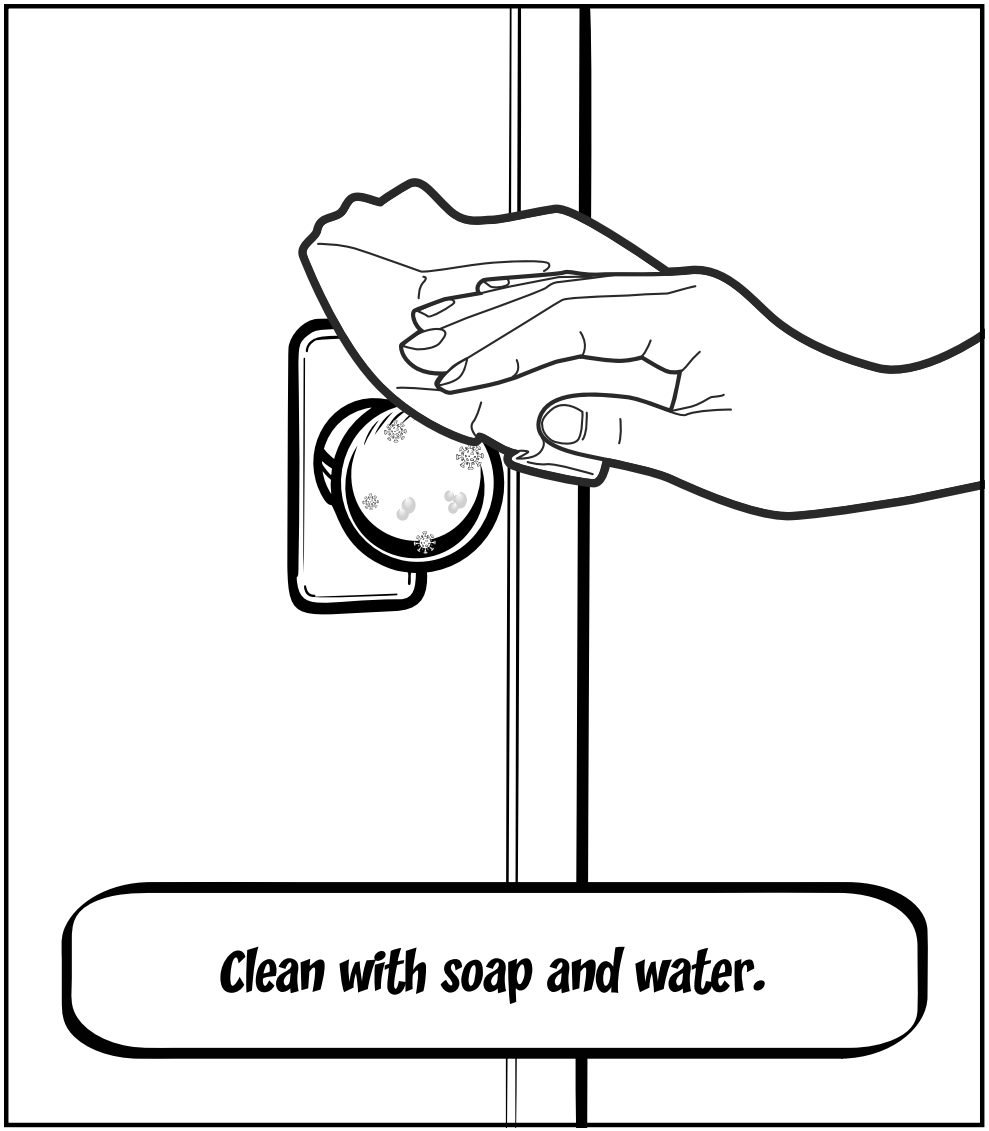

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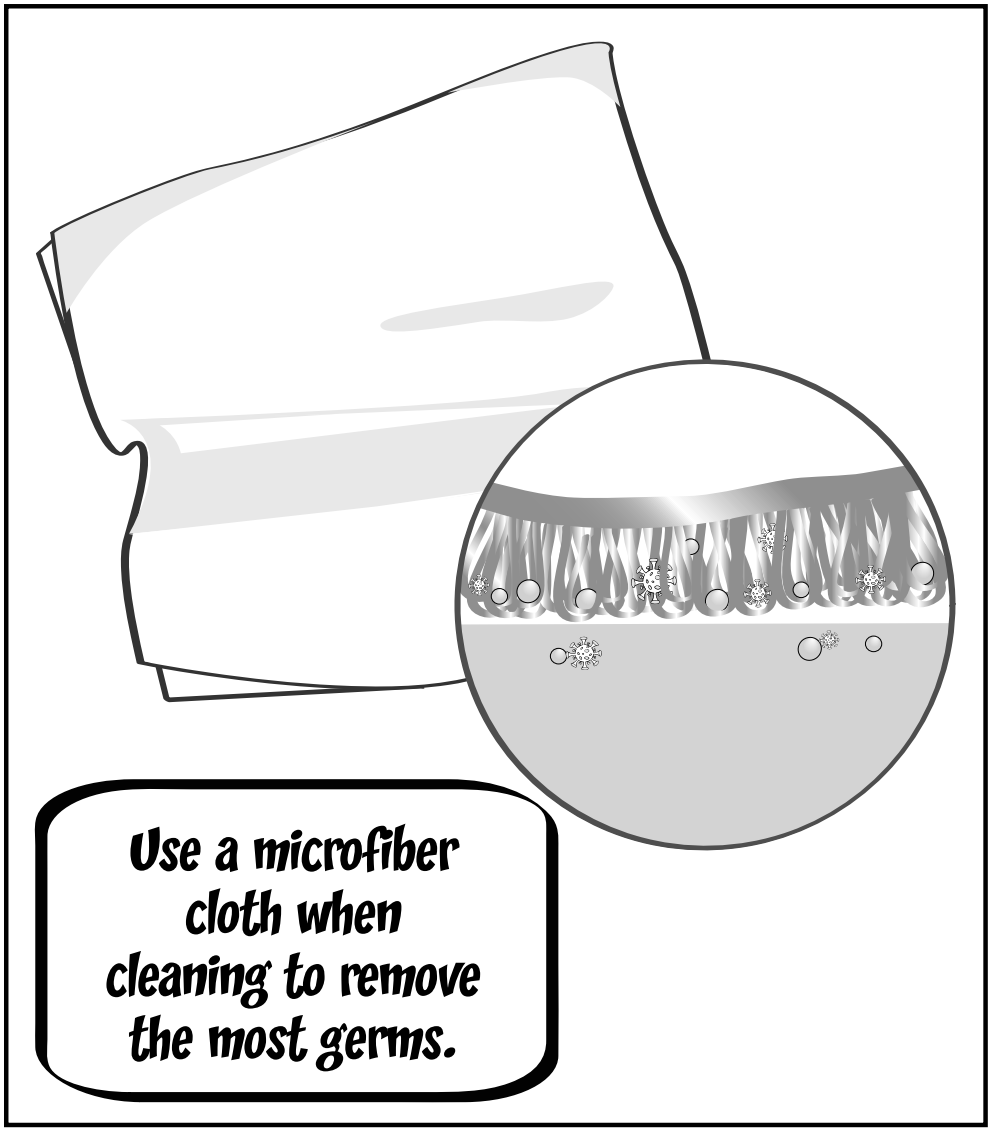

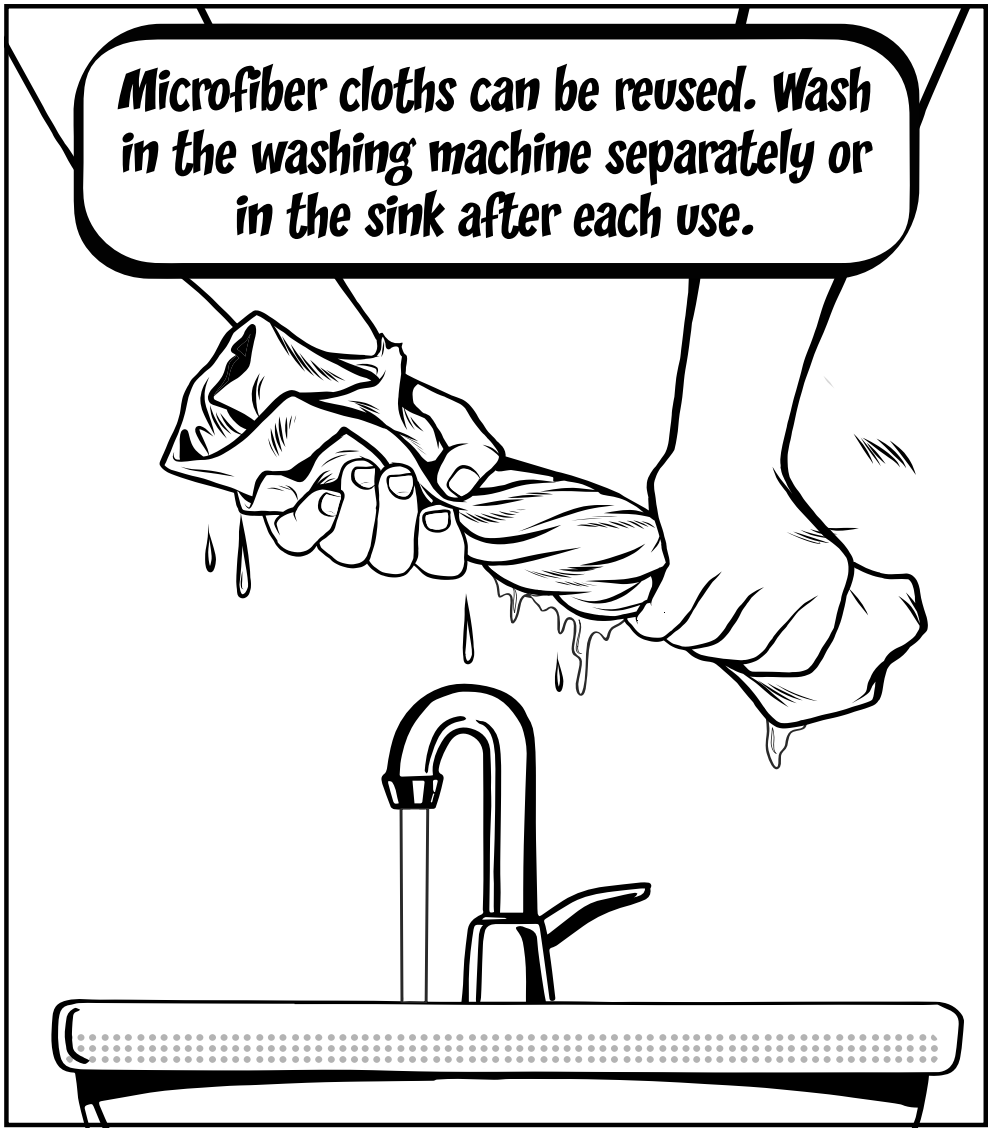

What is the difference between cleaners and disinfectants?

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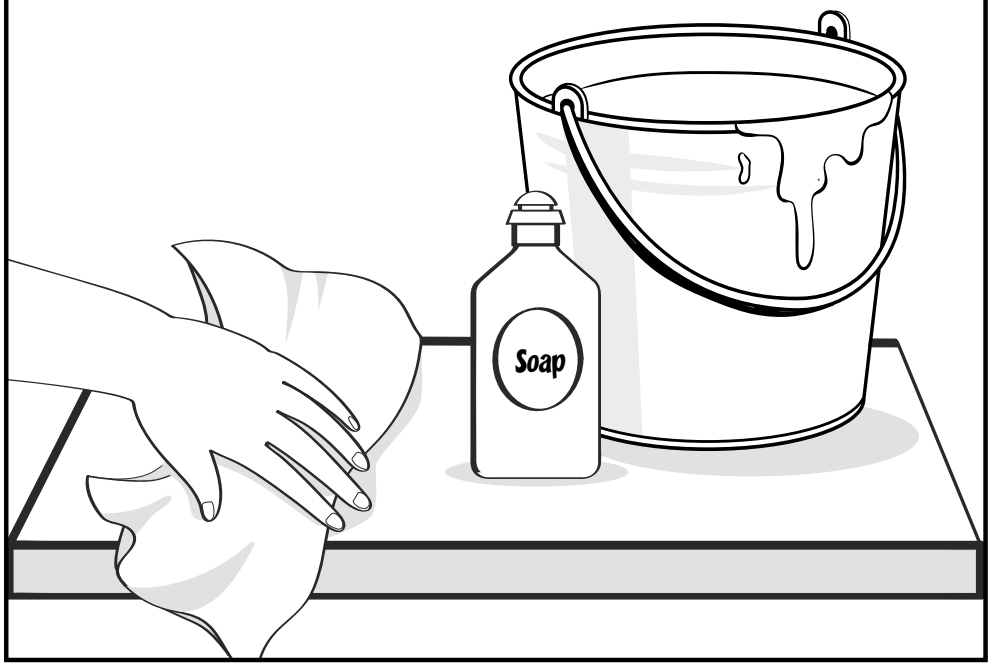
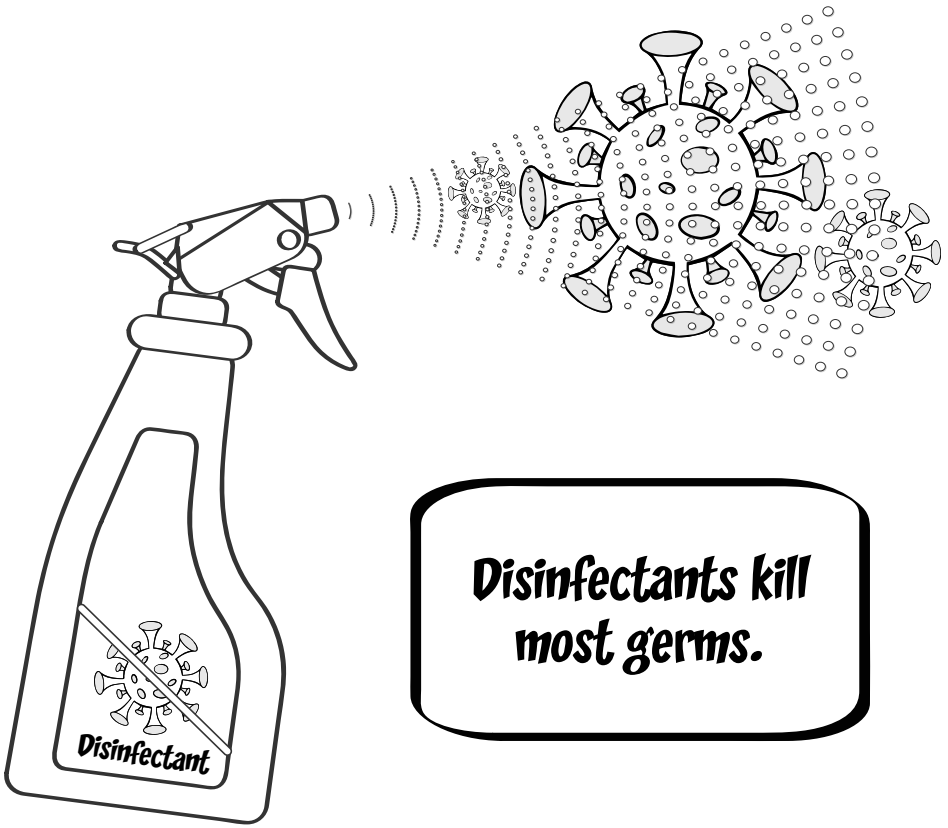
Cleaners remove germs and dirt.





Disinfectants kill most germs.

What is the difference between cleaners and disinfectants?

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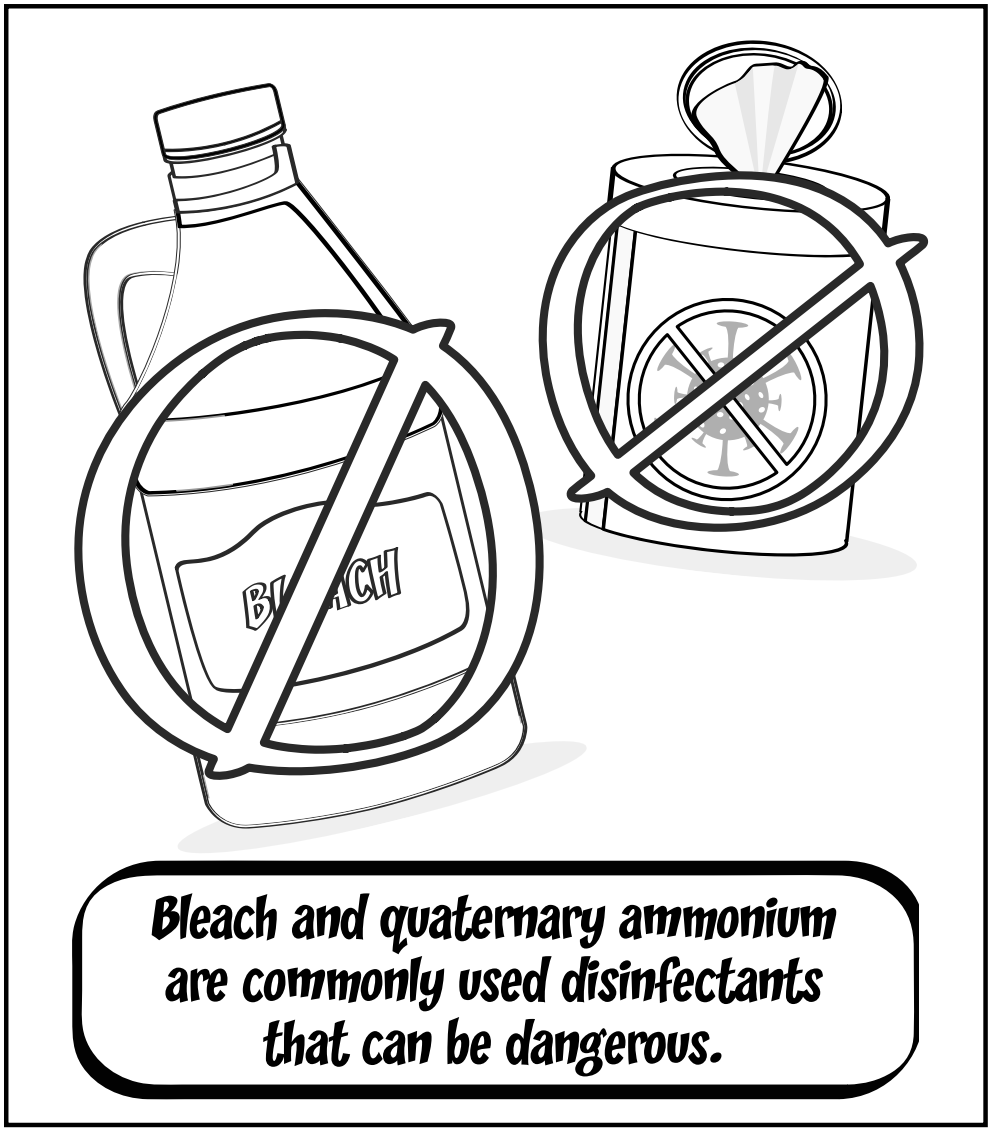

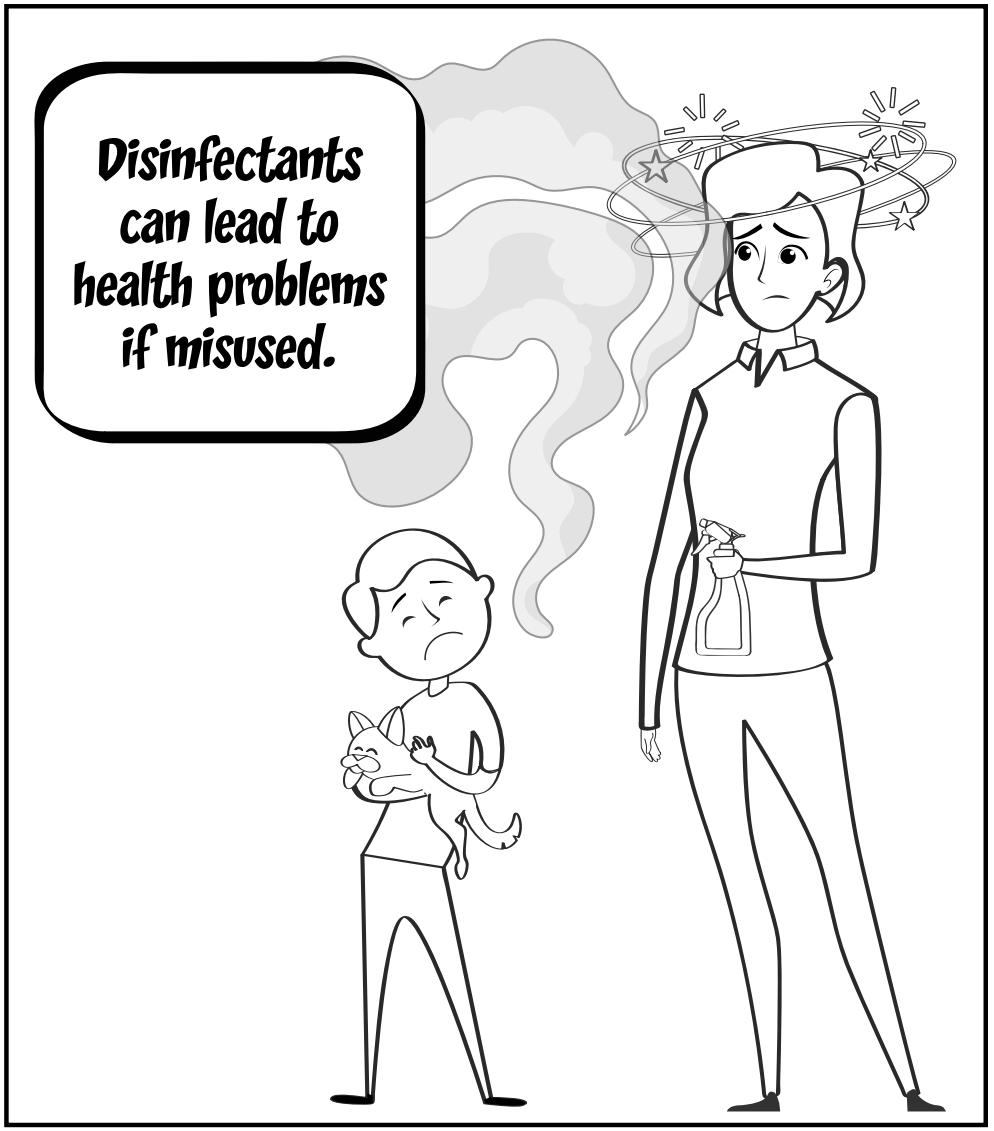

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How do I know when to clean or disinfect?

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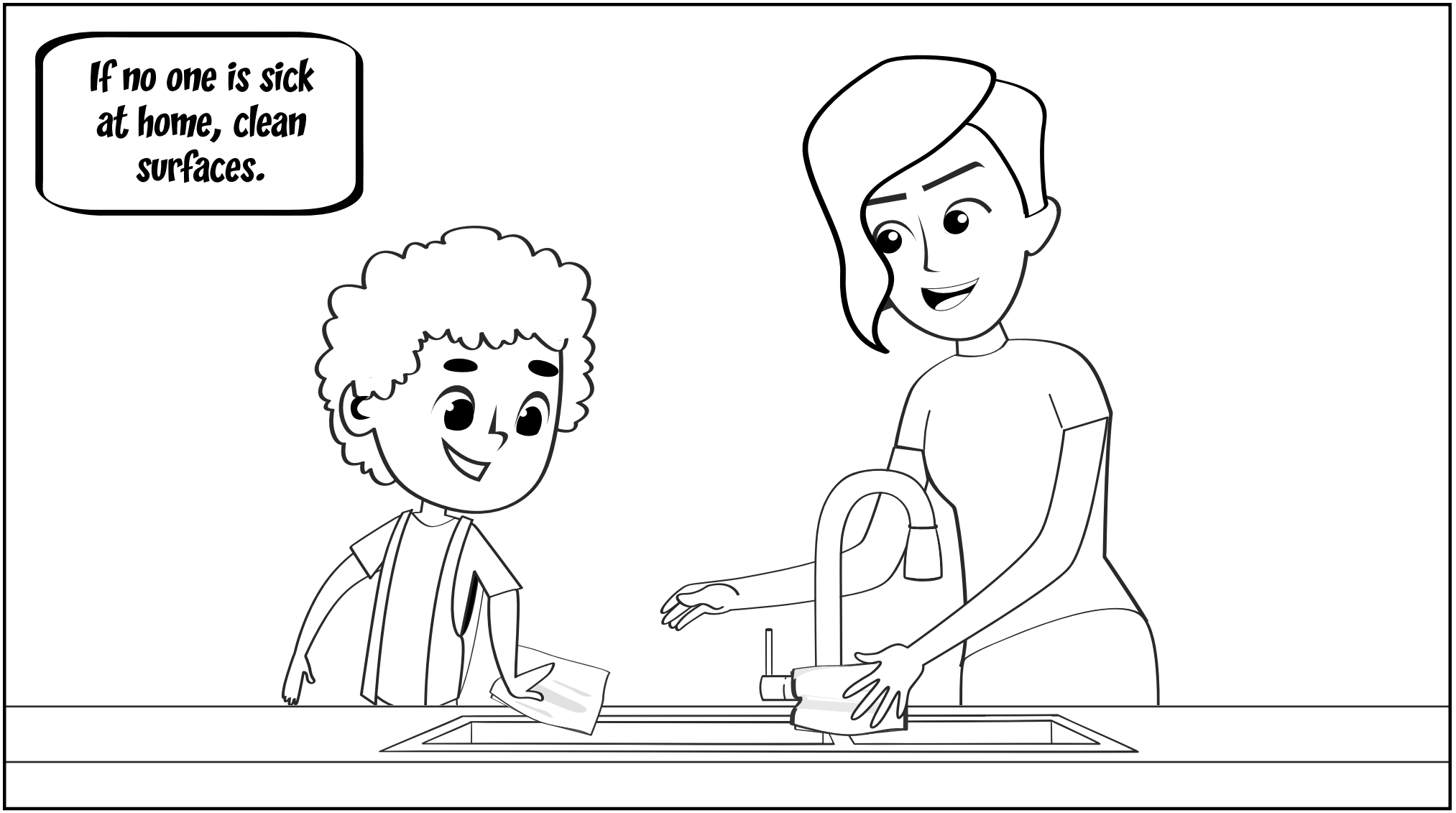

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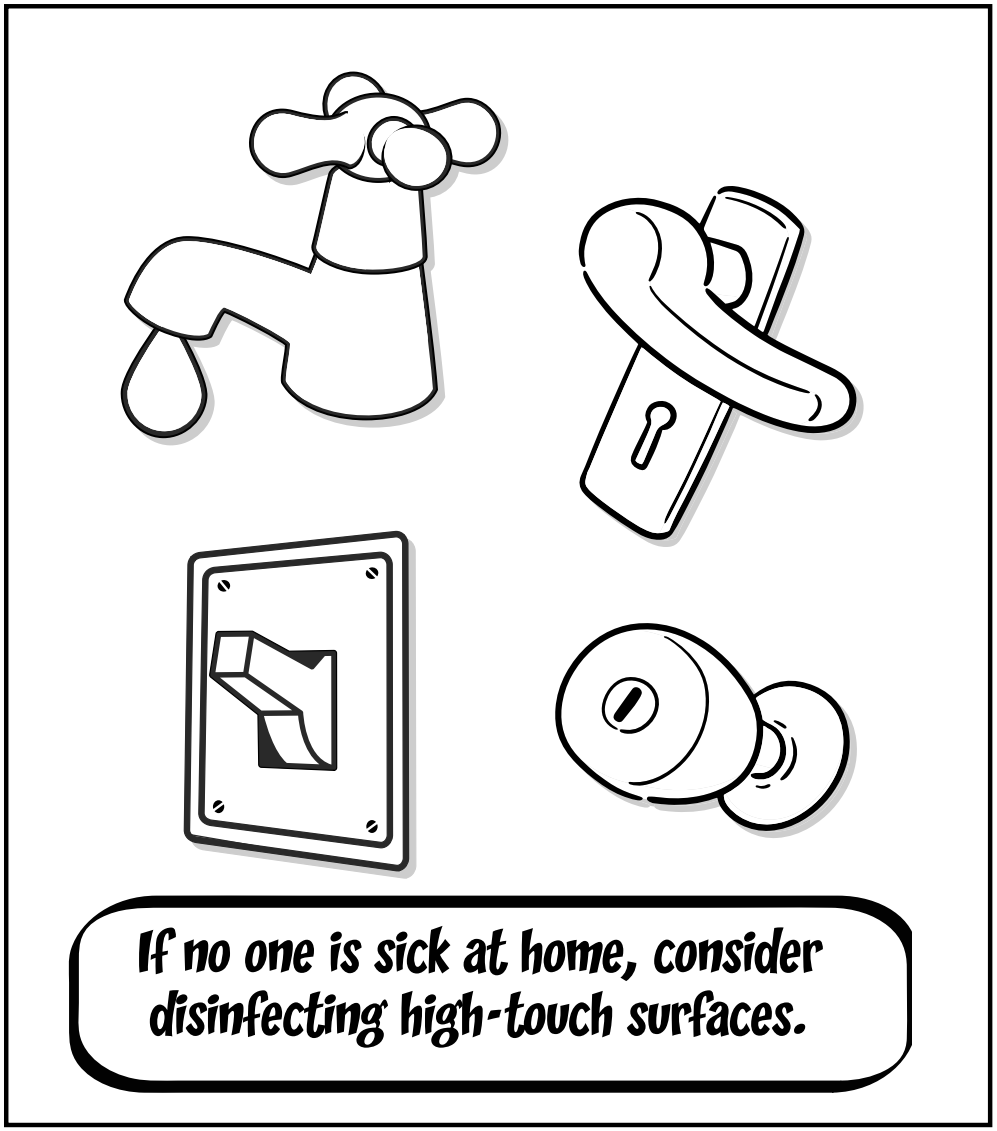

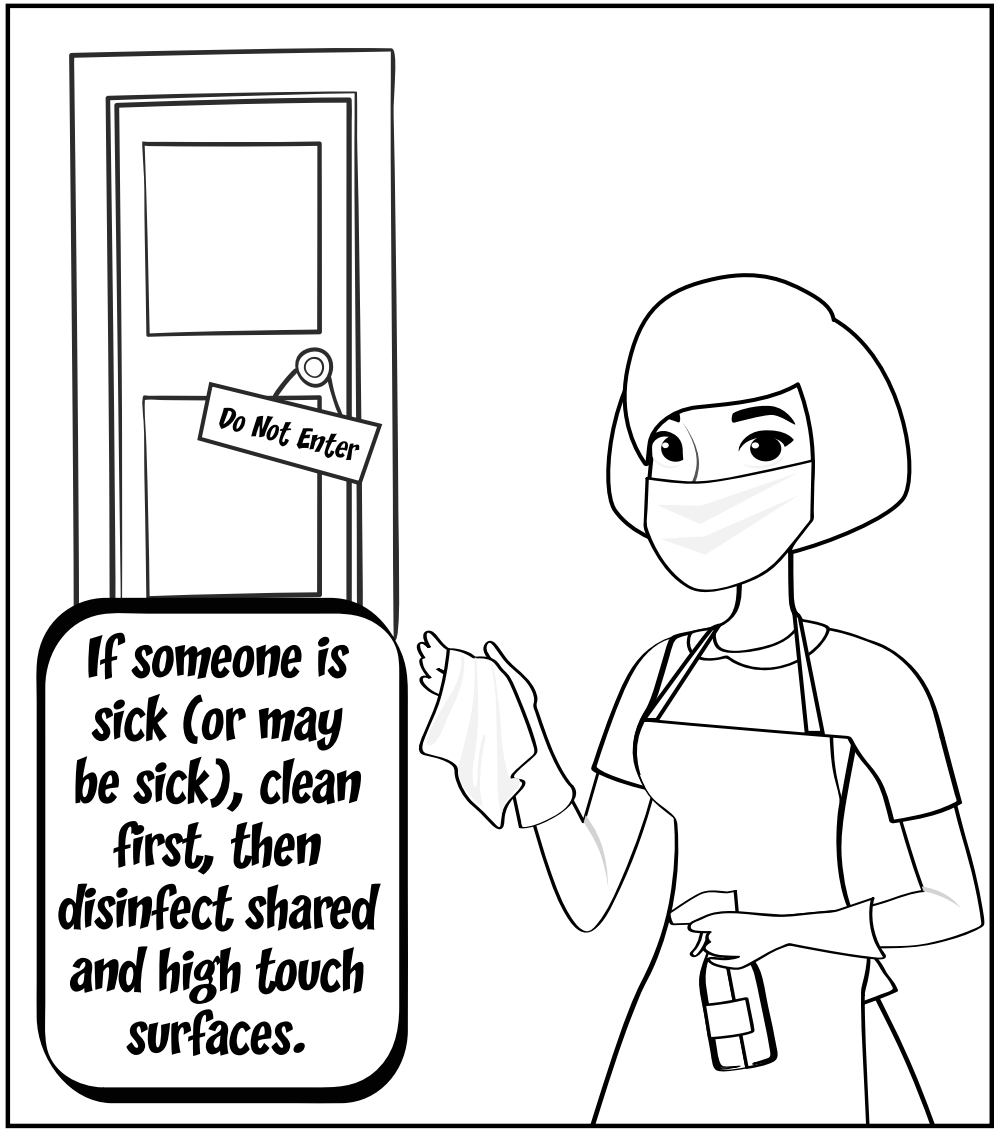

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How do I choose safer disinfectants?

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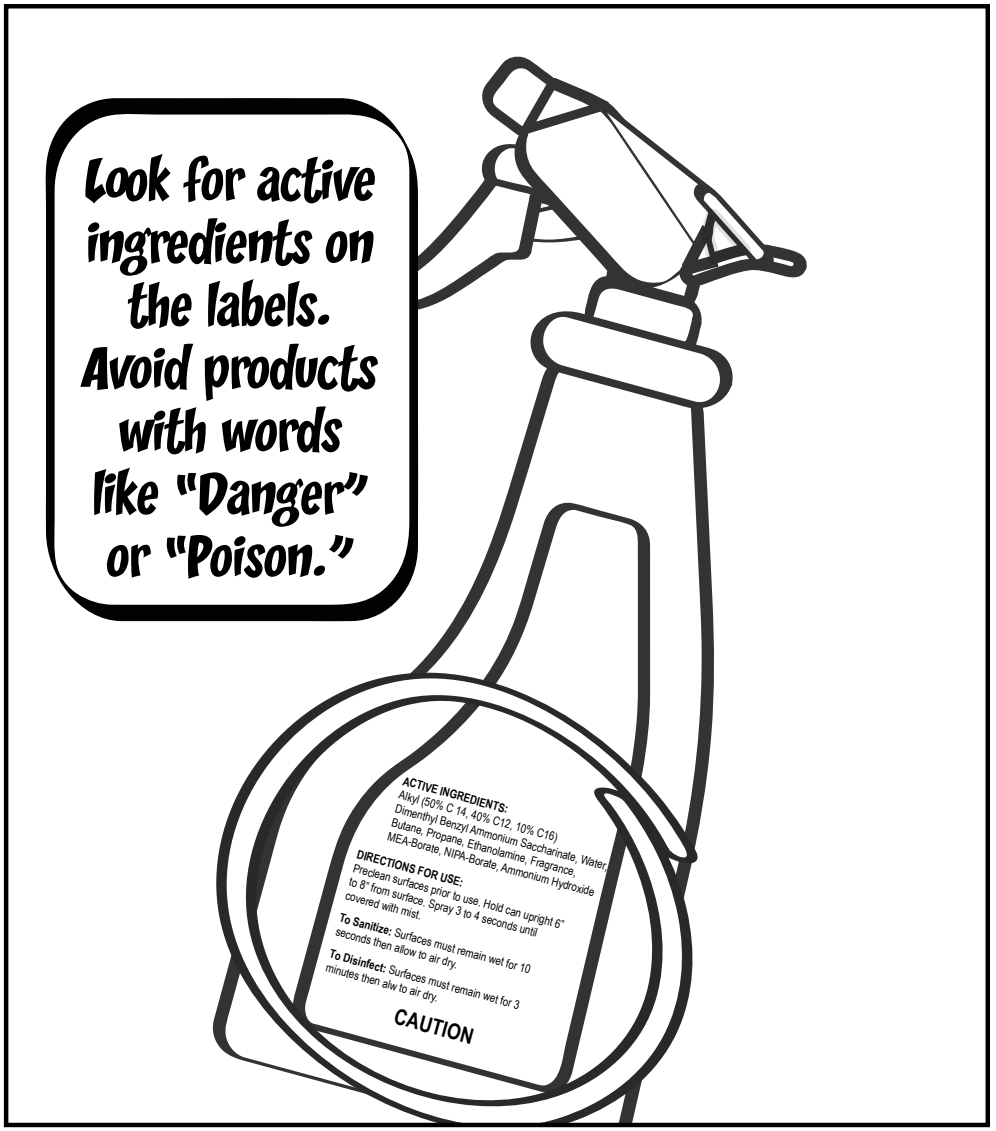

How do I choose safer disinfectants?

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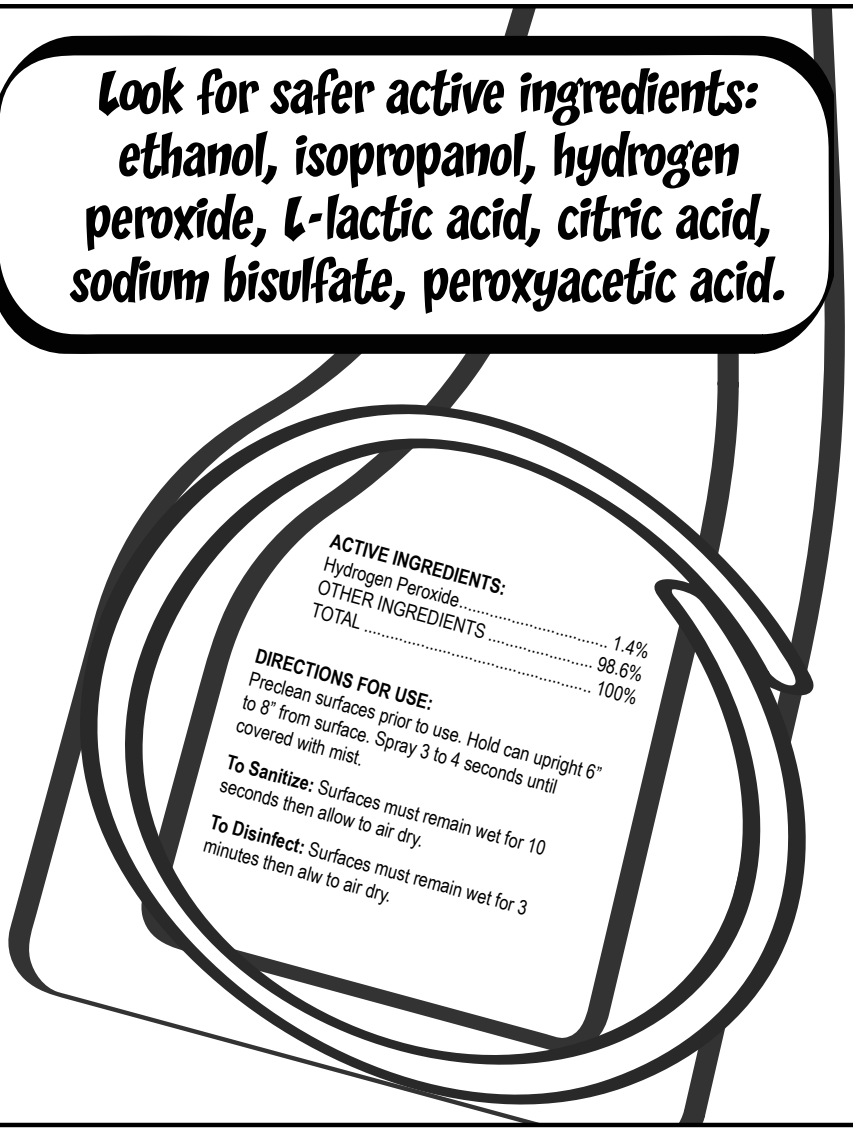
Look for safer active ingredients: ethanol, isopropanol, hydrogen peroxide, L-lactic acid, citric acid, sodium bisulfate, peroxyacetic acid.



You can check ingredients for "Design for the Environment," disinfectants at the EPA website: www.epa.gov/pesticide-labels/dfe-certified-disinfectants.

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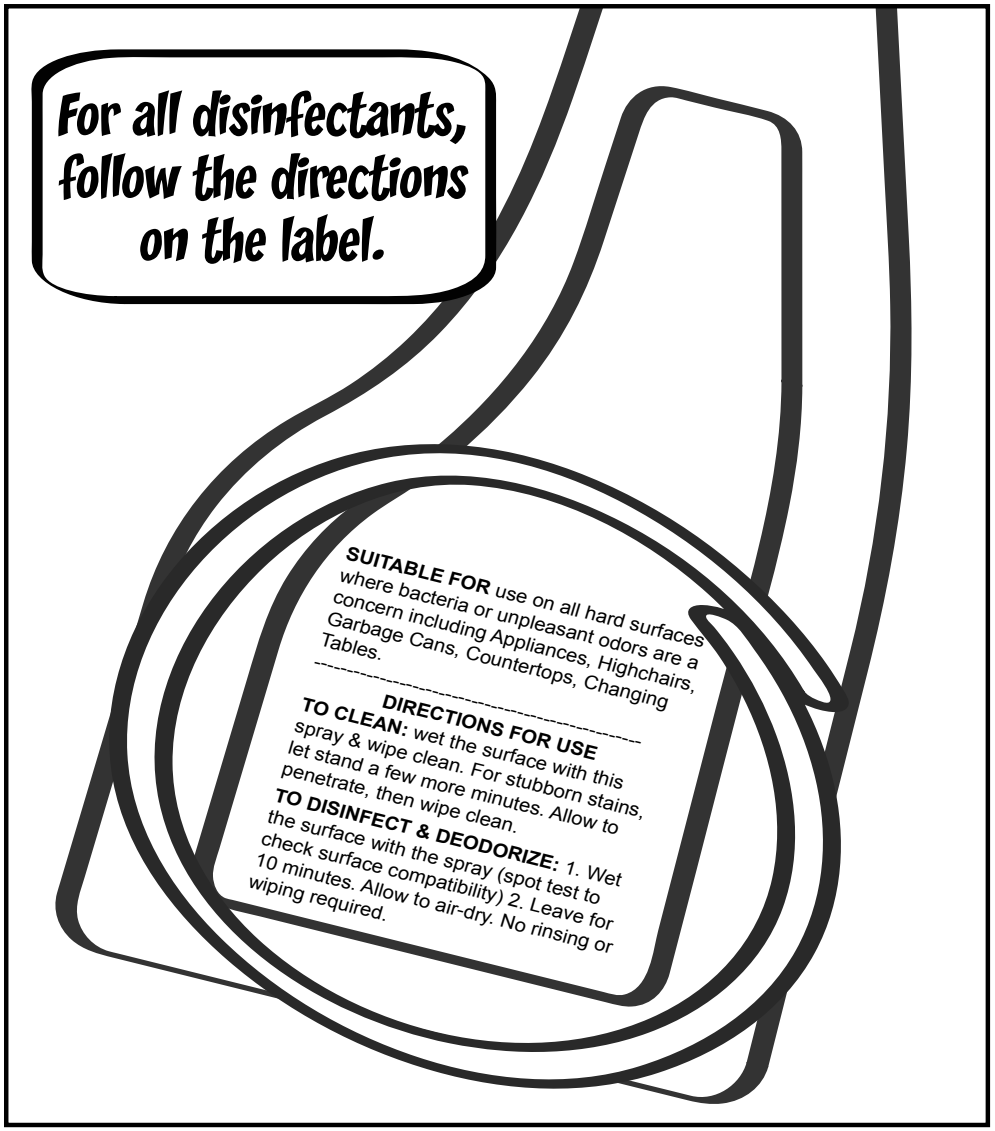

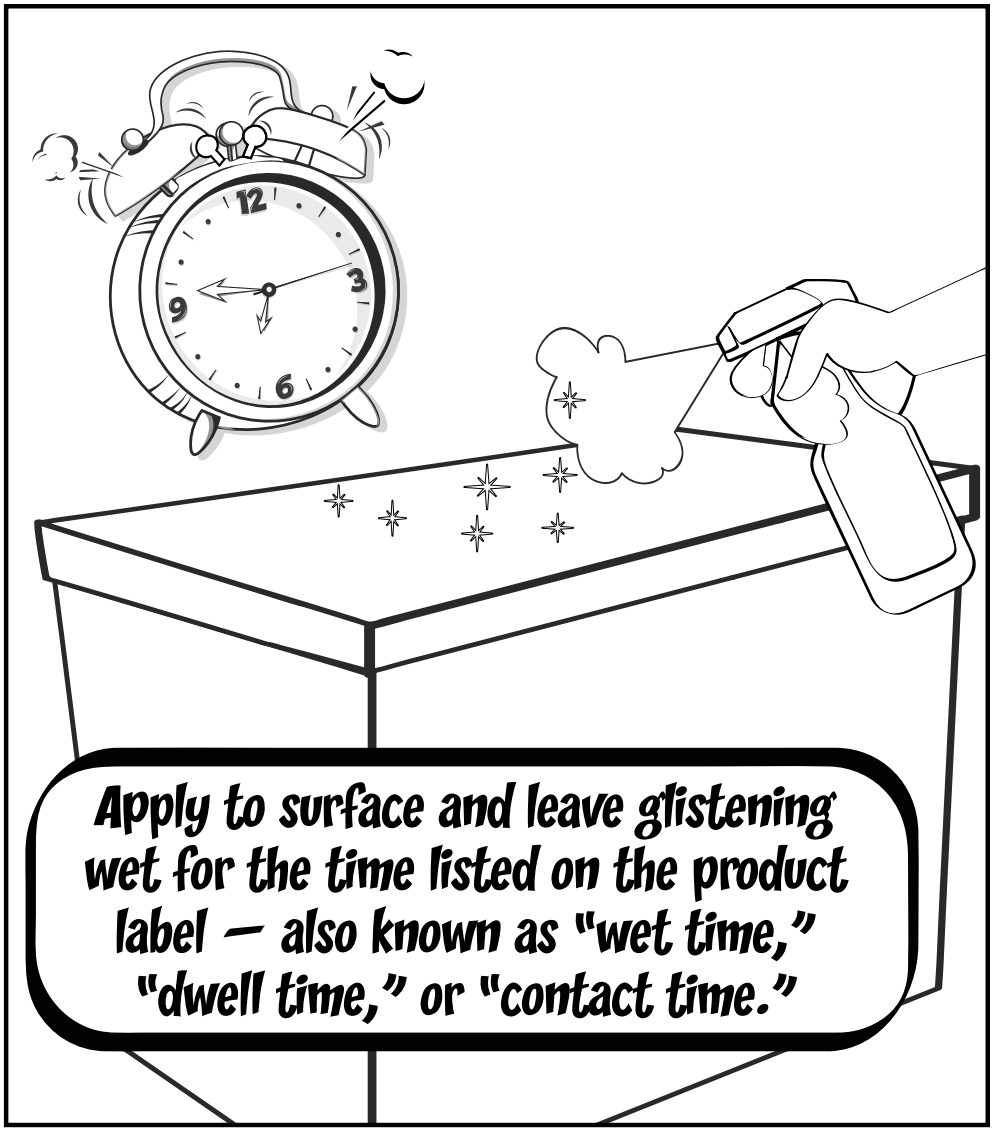

How can I use disinfectants safely?

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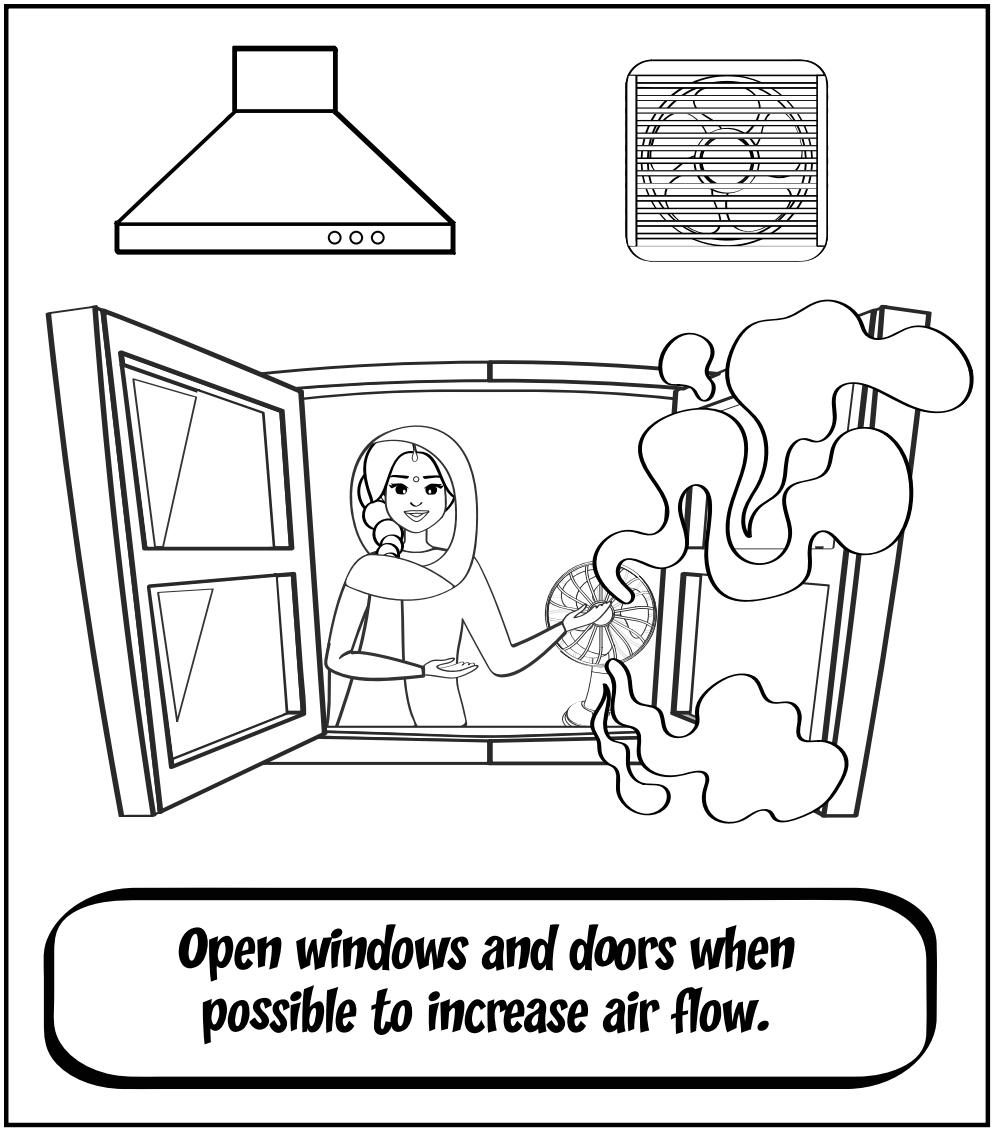

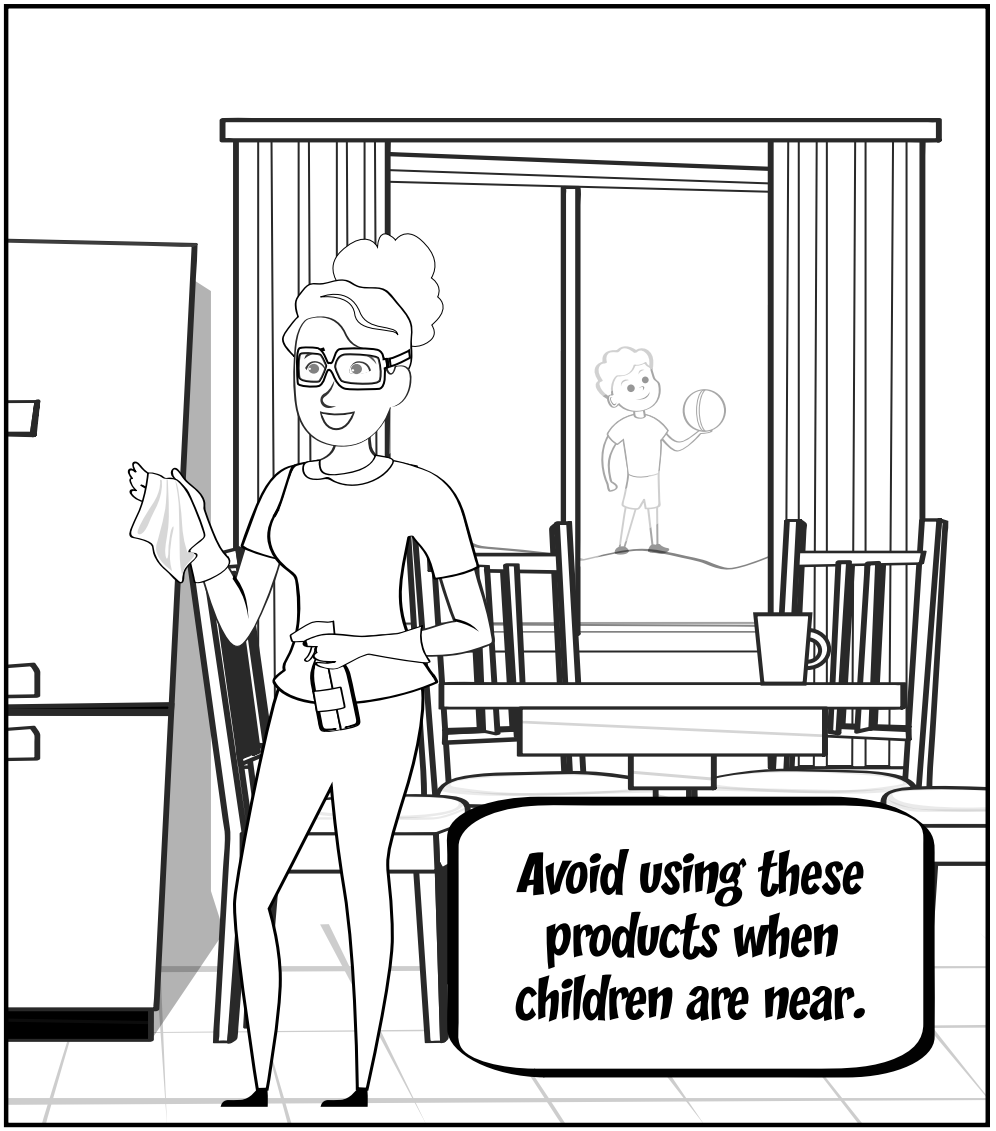

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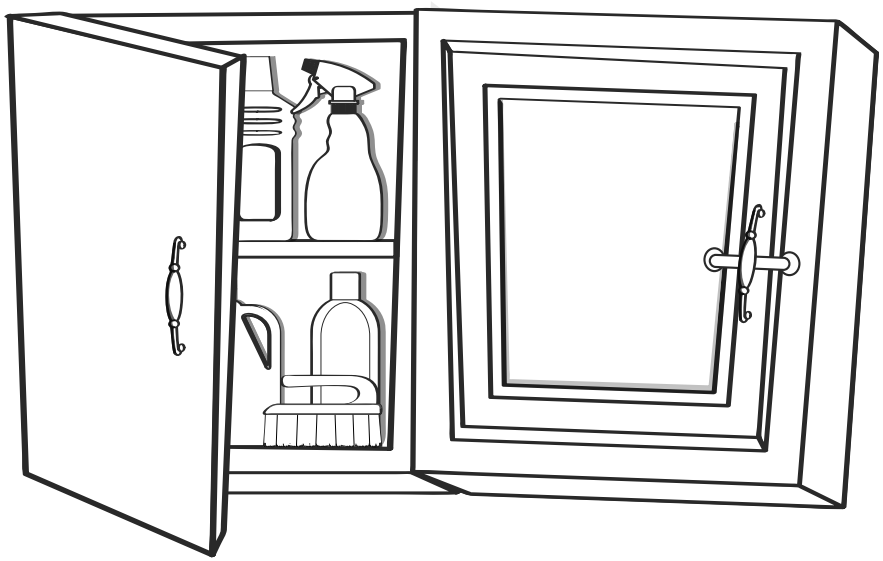

Store cleaners, disinfectants, and cleaning tools out of reach of children.

Use gloves and glasses or goggles for eye protection when using disinfectants.

How can I use disinfectants safely?

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Put the nationwide poison control center phone number, 1-800-222-1222, on or near every telephone in your home and program it into your cell phone.

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Acknowledgement

This coloring book was developed by the New England Pediatric Environmental Health Specialty Unit and the Northwest Pediatric Environmental Health Specialty Unit with assistance from the National Program Office of the Pediatric Environmental Health Specialty Units (PEHSU). A special thank you to the AAP graphic design specialists.

PEHSU Background

The PEHSUs are a national network of experts in the prevention, diagnosis, management, and treatment of health issues that arise from environmental exposures from preconception through adolescence. PEHSUs work with health care professionals, parents, schools, community groups, as well as federal, state, and local agencies to address reproductive and children's environmental health issues where families live, learn, play, and congregate. To address gaps in clinical education on these complex issues, PEHSU services include education, consultation, outreach, and referral for both health professionals and communities. These services are essential to reduce risk of environmental exposures to children and families and mitigate potential health effects before they happen.

The American Academy of Pediatrics (AAP) serves as the PEHSU National Program Office (NPO). As the NPO, the AAP coordinates and supports each of the regional PEHSUs. The NPO works closely with the PEHSUs to effectively address the complex, multifaceted environmental health challenges facing children and families. For more information on PEHSUs, how to contact your region's PEHSU, and available resources, please visit: https://www.pehsu.net/ or contact us via e-mail at pehsu@aap.org.

Disclaimer

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